

# Welcome to Dance Unlimited Season 37



We are so excited to have you join us  
for #duseason37 at Dance Unlimited!

At Dance Unlimited, we are all about making dance fun! Our dance studio is the perfect place for a young child to take his/her very first dance class and a professional environment for the more serious dancer to receive top-notch training. We are so excited to get into the studio (or on the screen!) with your dancer and to have your family as part of our DU fam!

We've compiled this packet full of important information to ensure your dancer has a successful year! You'll find information on drop off and pick up, studio diagram, dress code, Covid-19 policies, and more...Think of this as your Official DU Guide! We encourage you to review this important information with your dancer so they are properly prepared for class.

Since our lobby is closed, we will be using a streaming service through "Watch Me Grow". For just \$2.50/month, you can register for the service and watch your dancer LIVE from the comfort of your phone or computer.

Don't forget to share your first day of dance photos (or ANY day of dance photos!) with us by tagging us in your dance photos @danceunlimitedboise and using #duseason37.

# Class Information

We can't wait to have your dancer in class with us! If you will be joining us in the studio, please follow the steps below for drop off and pick up to help us ensure a safe flow between classes.

## Drop -Off

1. Check out our daily Studio Schedule (see pages 5–6) to see which studio your dancer will be in for his/her class.
2. Look on our Studio Diagram (see page 4!) to see where your dancer's studio is located in our building. Dancers will utilize our exterior doors for all entrances and exits to the studio. The lobby is currently closed at this time.
3. On the day and time of your dancer's class, please drive to and/or park near the exterior door that his/her class will be held. These will be marked. For preschool and elementary aged dancers, your dancer will need to be escorted to his/her studio's exterior door by a parent or an older sibling. Please do not drop off your dancer any sooner than 5 minutes prior to his/her class start time. One of our adult class hosts or teachers will greet your dancer at the door and guide them to his/her class. Once they are safely in class, you are free to run errands or wait in your car until your dancer's class is over.
  - a. If you have a dancer who is a little nervous for his/her first day, one parent will be allowed to walk the dancer into the lobby and to the classroom.
4. For teen classes, they can walk themselves to the door if you, as the parent, are comfortable with this. The lobby is currently closed to all dancers and parents.

## What if my dancer has multiple classes in one day?

If your dancer has less than a 45 minute break in between classes they will be allowed to wait in the lobby on a specific "Break Here" sticker. If your dancer has longer than a 45 minute break, we ask that you pick your dancer up in between his/her classes. You are welcome to wait in the car in the parking lot or leave and come back!

## Pick -Up

1. Check out our daily Studio Schedule and Studio Diagram to see which studio your dancer will be in for his/her last class. Make a note of which exterior door they will exit from.

# Class Information

2. If you have a pre-school or elementary aged dancer we ask that you be waiting outside of his/her door to pick your dancer up. Our class hosts will be assisting in the dismissal process to make sure each dancer gets safely to an adult. If you have a teen dancer, they will need to wait on a "Wait Here" sticker until they locate your vehicle within eyesight where they then can walk to your vehicle. Please be prompt in your pick-up time.

## Zoom Blend

If your dancer will be joining us virtually via ZOOM BLEND, we are super excited to see you on our screen! Each class has its own unique Zoom link that will be e-mailed to you before your first class. Make sure you download the Zoom app prior to class to ensure that your dancer is ready to go when class begins.

## Lobby Closure

At this time, the lobby at Dance Unlimited is closed. Only dancers will be admitted. In addition to the lobby, all bathrooms will be closed to parents, siblings and anyone other than the dancers taking classes. We apologize for this inconvenience, but appreciate your understanding as we do our best to keep the flow of traffic to a minimum inside the building.

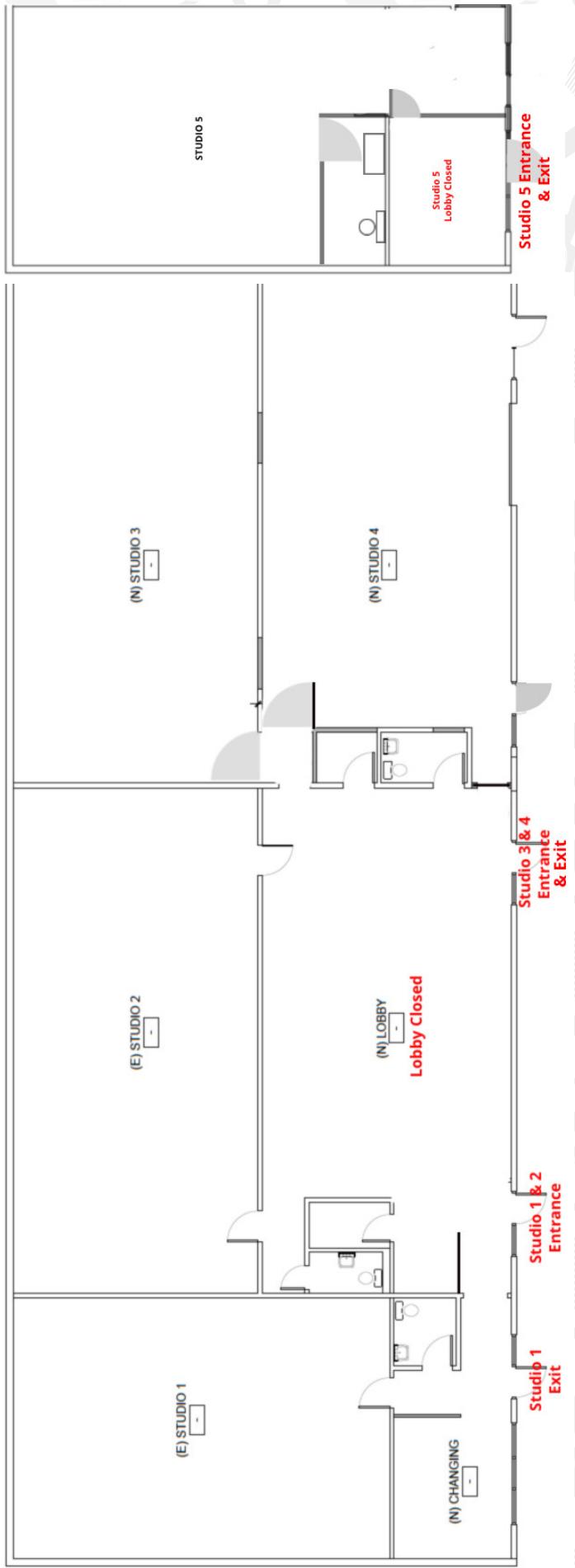
## Virtual Lobby via Watch Me Grow

We know how exciting it is to watch your dancer enjoy his/her class each week therefore, we will be installing a virtual lobby as a solution for our lobby closure! For just \$2.50/mo, you will be able to log in to our secure video streaming system and watch your dancer in class from your cell phone or computer. To take advantage of this cool feature, just complete the following steps:

1. Log in to your tuition account via this link –  
<https://app.thestudioredirector.com/danceunlimitedstudios/portal.sd?page=Login>.
2. Select "Drop In Classes, Camps, Workshops and Saturday Sessions".
3. Select the class "Virtual Lobby" on September 20th.
4. Complete your purchase by checking out.
5. You will be charged on the 20th of each month, just as tuition is charged.

Once the system is installed, you will receive specific instructions on how to create an account and start viewing!

# DU Studio Diagram



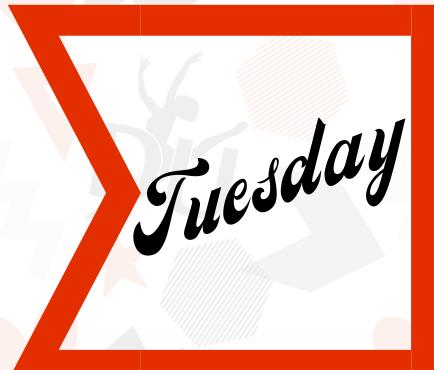
Please note that Studio 5 has its own Entrance & Exit  
separate from Studios 1-4

# Studio Schedule

Location	Start Time	Class Name	Instructor
Studio #1	4:45 PM	Hip Hop ages 3-5, Monday	Tori Elliott
Studio #1	5:30 PM	Ballet/Jazz ages 5-6, Monday	Hailey Hipwell
Studio #1	6:15 PM	Ballet/Jazz ages 7-8, Monday	Taylor Wilson
Studio #1	7:00 PM	Jazz ages 9 - 12, Monday	Taylor Wilson
Studio #1	8:00 PM	Hip-Hop ages 9-12, Monday	Tori Elliott
Studio #2	4:00 PM	Ballet, Level 6, Monday	Lesley Thompson
Studio #2	5:30 PM	Ballet, Level 5, Monday	Lesley Thompson
Studio #2	6:45 PM	Int/Adv Jazz Progressions	Hailey Hipwell
Studio #2	7:30 PM	Ballet, Level 7/8, Monday	Mads Eriksen
Studio #3	4:30 PM	Junior Eminence Competition Team	Hayley Greenwell
Studio #3	5:30 PM	Hip Hop ages 7-8, Monday	Hayley Greenwell
Studio #3	6:15 PM	Hip Hop ages 5-6, Monday - MASK REQUIRED	Tori Elliott
Studio #3	7:00 PM	Teen Jazz	Tori Elliott
Studio #3	8:00 PM	Teen Hip-Hop, Monday	Hayley Greenwell
Studio #4	4:30 PM	Teen Jazz Technique	Hailey Hipwell
Studio #4	5:30 PM	Teen Eminence Competition Team	Tori Elliott
Studio #4	6:15 PM	Bitty Eminence Competition Team	Hayley Greenwell
Studio #4	7:00 PM	Jazz Technique, Level 2	Hayley Greenwell
Studio #4	8:00 PM	Elite Competition Team	Hailey Hipwell
Studio #5	4:00 PM	PBT, Advanced	Misty Biery
Studio #5	4:45 PM	Vibe Competition Team	Christina Shell
Studio #5	5:45 PM	Jazz Technique, Level 7/8	Christina Shell
Studio #5	6:45 PM	Force Competition Team	Christina Shell
Studio #5	7:30 PM	Elite Pro Team	Christina Shell
Studio #5	8:00 PM	Edge Pro	Christina Shell



Location	Start Time	Class Name	Instructor
Studio #1	9:15 AM	Mommy and Me Tues	Tamra Nefzger
Studio #1	9:45 AM	Ballet/Tap for Kinder/ages 5-6, Tuesday	Tamra Nefzger
Studio #1	10:30 AM	Ballet/Tap age 3, Tuesday	Tamra Nefzger
Studio #1	11:15 AM	Ballet/Tap age 4, Tuesday	Tamra Nefzger
Studio #1	12:00 PM	Hip Hop ages 3-5, Tuesday	Tamra Nefzger
Studio #1	4:45 PM	Ballet/Jazz ages 5-6, Tuesday	Elena Ramos
Studio #1	5:30 PM	Ballet/Tap ages 3-4, Tuesday	Melanie Grace
Studio #1	6:15 PM	Ballet/Tap ages 4-5, Tuesday	Melanie Grace
Studio #1	7:00 PM	Hip Hop ages 7-8, Tuesday - MASK REQUIRED	Elena Ramos
Studio #1	7:45 PM	Ballet/Jazz ages 7-8, Tuesday - MASK REQUIRED	Elena Ramos
Studio #2	3:30 PM	Ballet, Level 8 Pro, Tuesday	Rachel Winter
Studio #2	5:00 PM	Ballet, Level 3, Tuesday	Rachel Winter
Studio #2	6:00 PM	Ballet, Level 4, Tuesday	Rachel Winter
Studio #2	7:45 PM	Ballet, Level 6, Tuesday	Lydia Basquill
Studio #3	12:45 PM	Pre Acro - Daytime	Tamra Nefzger
Studio #3	4:15 PM	Pre Acro	Tamra Nefzger
Studio #3	5:00 PM	Acro Level 1, Tuesday	Tamra Nefzger
Studio #3	6:00 PM	Synergy Competition Team	Tamra Nefzger
Studio #3	7:00 PM	Acro Level 2, Tuesday	Tamra Nefzger
Studio #3	8:00 PM	Acro, Level 3, Tuesday	Tamra Nefzger
Studio #4	9:30 AM	Homeschool Dance ages 9-12, Tuesday	Melanie Grace
Studio #4	10:15 AM	Homeschool Dance ages 5-8, Tuesday	Melanie Grace
Studio #4	4:30 PM	Combo Variations	Rotating
Studio #4	5:30 PM	Hip Hop ages 5-6, Tuesday	Tori Elliott
Studio #4	6:15 PM	Ballet/Jazz ages 5-6, Tuesday #2 - MASK REQUIRED	Tori Elliott
Studio #4	7:00 PM	Jazz Technique, Level 3	Tori Elliott
Studio #4	8:00 PM	Teen Hip-Hop, Tuesday - MASK REQUIRED	Tori Elliott
Studio #5	4:30 PM	Velocity Competition Team	Christina Shell
Studio #5	5:15 PM	Force Pro Team	Christina Shell
Studio #5	6:00 PM	Jazz Technique, Level 6	Christina Shell
Studio #5	7:00 PM	Jazz Technique, Level 4	Christina Shell
Studio #5	8:00 PM	Intermediate Turns	Christina Shell



# Studio Schedule

Location	Start Time	Class Name	Instructor
Studio #1	12:30 PM	Ballet/Tap age 4, Wednesday	Hailey Hipwell
Studio #1	1:15 PM	Ballet/Tap age 3, Wednesday	Hailey Hipwell
Studio #1	2:00 PM	Ballet/Tap for Kinder/ages 5-6, Wednesday	Hailey Hipwell
Studio #1	4:30 PM	Velocity Pro	Hailey Hipwell
Studio #1	5:30 PM	Ballet/Tap ages 3-4, Wednesday	Tamra Nefzger
Studio #1	6:15 PM	Ballet/Tap ages 4-5, Wednesday	Tamra Nefzger
Studio #1	7:45 PM	Ballet, Level 4, Wednesday	Mads Eriksen
Studio #2	3:30 PM	Ballet, Level 8, Wednesday	Lesley Thompson
Studio #2	5:00 PM	Ballet, Level 7, Wednesday	Lesley Thompson
Studio #2	6:30 PM	Ballet, Level 3 Pro, Wednesday	Lesley Thompson
Studio #2	7:00 PM	PBT, Int/Adv Wednesday	Hailey Hipwell
Studio #2	7:45 PM	Ballet, Level 5, Wednesday	Lesley Thompson
Studio #3	4:30 PM	Musical Theatre	Tori Elliott
Studio #3	5:30 PM	Acro Level 2, Wednesday	Misty Biery
Studio #3	6:30 PM	Acro, Level 3, Wednesday	Misty Biery
Studio #3	7:30 PM	Acro Level 1, Wednesday	Misty Biery
Studio #3	8:30 PM	Adult Hip-Hop	Hayley Greenwell
Studio #4	4:00 PM	Vibe Team	Christina Shell
Studio #4	4:45 PM	Jazz Technique, Level 5	Christina Shell
Studio #4	5:45 PM	Edge Competition Team	Hailey Hipwell
Studio #4	6:30 PM	Eminence Collab	Hayley Greenwell
Studio #4	7:30 PM	Synergy Pro Team	Christina Shell
Studio #4	8:15 PM	Hallelujah	Christina Shell
Studio #5	4:30 PM	Petite Eminence Competition Team	Hayley Greenwell
Studio #5	5:30 PM	Mini Eminence Competition Team	Hayley Greenwell
Studio #5	6:30 PM	Boys Only Hip-Hop - Beginning	Tori Elliott
Studio #5	7:15 PM	Hip-Hop ages 9-12, Wednesday	Tori Elliott
Studio #5	8:00 PM	Jazz ages 9-12, Wednesday	Tori Elliott

Wednesday

Location	Start Time	Class Name	Instructor
Studio #2	4:00 PM	Ballet, Level 6/7 Pro, Thursday	Lesley Thompson
Studio #2	5:30 PM	Impact Ballet, Level 1	Lesley Thompson
Studio #2	6:30 PM	Impact Jr Competition Team	Tori Elliott
Studio #2	7:15 PM	Boys Only Hip-Hop - Intermediate/Advanced	Hayley Greenwell
Studio #2	8:00 PM	Hip Hop ages 9-12, Thursday #1 - MASK REQUIRED	Elena Ramos

Studio #3	4:30 PM	Strength & Stretch	Tori Elliott
Studio #3	5:30 PM	Ballet/Jazz ages 7-8, Thursday	Melanie Grace
Studio #3	6:15 PM	Hip Hop ages 7-8, Thursday	Hayley Greenwell
Studio #3	7:00 PM	Hip Hop ages 9-12, Thursday #2	Taylor Wilson
Studio #3	7:45 PM	Jazz ages 9-12, Thursday - MASK REQUIRED	Taylor Wilson

Studio #4	4:30 PM	Fusion Competition Team	Hayley Greenwell
Studio #4	5:30 PM	Hip Hop ages 5-6, Thursday	Hayley Greenwell
Studio #4	6:15 PM	Ballet/Jazz ages 5-6, Thursday	Melanie Grace
Studio #4	7:00 PM	Fusion Pro	Hailey Hipwell
Studio #4	8:00 PM	Impact Jazz Technique, Level 2	Tori Elliott

Studio #5	3:30 PM	Adv Jazz Progressions	Hailey Hipwell
Studio #5	4:30 PM	Impact Competition Team	Tamra Nefzger
Studio #5	5:30 PM	Beginning Turns	Hailey Hipwell
Studio #5	6:15 PM	Tap, Advanced	Deidre Miller
Studio #5	7:00 PM	Tap, Beginning/Intermediate	Deidre Miller
Studio #5	7:45 PM	PBT, Beg/Int	Hailey Hipwell

# Dress Code

Dress for success! We think that the right outfit and shoes can definitely help your dancer be as successful as possible in their dance class! Additionally, we are better teachers when all dancers are dressed alike, as it makes it easier to assess dancers' movements, posture, lines of the body, etc. We can polish the dance more easily and as a result, dancers will look better performing as a class!

## Combo Ballet/Tap Classes for ages 3–5:

Any color leotard, Revolution brand prima pink tights, Revolution brand ballet split-soled ballet shoes. Optional: Tutu or mid-thigh length skirt, but nothing longer because the teacher needs to see your dancer's legs. Hair pulled back and away from the face.

- Tap shoes: Black. If you purchase a pair of tap shoes with ribbon ties, please take out the ties and replace them with elastic, so your dancer can slip them on and off by herself/himself and we won't take away class time tying shoe laces.
- Ballet Shoes: We recommend shoes that are all-leather, have split soles (easier to point the foot) and have elastic under the arch so that the shoe stretches as your dancer's feet grow. Our Revolution brand are preferred. We do not recommend ballet shoes that have the one piece of cardboard on the bottom; they make it difficult for little ballerinas to point their feet.

## Combo Ballet/Jazz Classes for ages 5–8:

Either leotard or tight top paired with dance shorts or pants. Optional: mid-thigh length skirt over the leotard, but nothing longer because the teacher needs to see your dancer's legs.

- Ballet Shoes: We recommend shoes that are all-leather, have split soles (easier to point the foot) and have elastic under the arch so that the shoe stretches as your dancer's feet grow. Our Revolution brand are preferred. We do not recommend ballet shoes that have the one piece of cardboard on the bottom; they make it difficult for little ballerinas to point their feet.

## Classical Ballet Classes – All Levels:

Any solid cut leotard (does not have cutouts in the waist/midriff region), Revolution brand prima pink tights with pink Danshuz brand canvas ballet shoes. Hair pulled back and away from the face in a ballet bun. Mid-thigh length skirts may be worn over the leotard.

- Ballet Shoes: We recommend the Danshuz brand shoes that are canvas and have split soles.

# Dress Code

## Jazz Classes:

Either leotard or tight top paired with dance shorts or pants, with bare legs, body tights or tights.

- Shoes: When your dance costume is selected, we will know whether you need Bloch brand tan jazz shoes or Bloch brand black jazz shoes. Until then, please wear whatever you have on hand; we'd hate for you to purchase a tan pair of shoes, and then later find out that you need a black pair to match your costume. If you don't own any dance shoes at all, then wear socks, ballet shoes or barefoot until you know what color shoe to purchase.

## Non-Performing Jazz Technique Classes:

Either leotard or tight top paired with dance shorts or pants, with bare legs, body tights or tights.

- Shoes: Jazz shoes or barefoot.

## Hip-Hop:

Wear comfortable clothing that you can dance in and a pair of tennis shoes.

## Tap-Only:

A pair of shorts or pants (make sure the pants don't go over your shoes because the teacher will need to see your feet as you dance), and a comfortable top you can move in.

- Tap Shoes: We recommend a quality tap shoe. We can order these for you from our DU Boutique.

## Acro:

Either leotard or tight top paired with dance shorts or pants, with bare legs. Pulled back, out of your face. No baggy clothing. No shoes.

## Competition Dance Teams:

Either leotard or tight top paired with dance shorts or pants, with bare legs or tights. Hair pulled back, out of your face.



# COVID-19 Info

At Dance Unlimited, we take the health and safety of our dancers and faculty very seriously. We have implemented new policies, procedures and protocols in an effort to keep everyone safe and to keep our studio open for in-person classes!

## New Policies & Procedures

### General Policies:

- Staff or dancers who answer yes to any of the following health questions shall not enter facility.
  - Do you have a cough, shortness of breath or sore throat?
  - Have you had a fever (100.4F or above) in the last 48 hours?
  - Have you had loss of taste or smell?
  - Have you had vomiting or diarrhea in the last 24 hours?
  - Have you been in close contact with a confirmed case of COVID-19?
  - Do you have anyone you have been in close contact with currently under quarantine
- Staff and dancers must be responsible for their own health and monitoring symptoms prior to entering the facility. This may include daily temperature checks at home. We will have a touchless thermometer on hand for screening if necessary.
- Staff and dancers MUST stay home if feeling ill, report any symptoms of illness to Tamra Nefzger and Christina Shell.
- Detailed attendance records will be maintained in the event contact tracing is needed for possible exposures.
- Staff or dancers with any reported exposure to COVID-19 must self-quarantine for 14 days and follow all protocol as required by the Central District Health Department.
- Frequent handwashing and hand sanitation is crucial to stop the spread of COVID-19, therefore we will require handwashing breaks and provide hand sanitizer throughout the facility.
- Please also note, Dancer IN and OUT procedures as referenced below.
- Teachers and staff are required to wear masks during class. Dancers will not be required to wear masks but can if they so desire.
- Staff and dancers should maintain a 6 ft distance from others when possible.
- Staff will be allowed to spot during acro if needed, and only when they are wearing a mask.



# COVID-19 Info

- Sanitation standard operation procedures have been developed and implemented to ensure the facility is maintained to prevent the spread of COVID-19 on surfaces.

## Dancer IN and OUT procedure:

- As noted, any dancer who answers yes to any of the above stated health questions shall stay home and notify the Directors or your teacher immediately.
- Dancers shall enter through their designated studio's entrance/exit door only. If your class is in studio 5, you will enter and exit through that studio's main entrance.
- Parents and visitors are not allowed to enter facility with exception of walking a younger child to the door.
- Once inside, dancers shall proceed directly to the hand sanitizing station and sanitize.
- One bag per dancer is permitted and must always be stored in cubby.
- Dancers should bring a pre-filled water bottle.
- Dancers shall not share food, beverages, makeup or similar items which may contribute to virus spread.
- Handwashing breaks and/or hand sanitizer will be provided as needed.
- Equipment and high touch surfaces will be cleaned and sanitized between classes and at a minimum of every 4 hours.
- Parents must pick up dancers at their designated exit at the end of class/practice. Please be on time as we want to prevent congregating in or near the facility.

## Enhanced Sanitation

### Cleaning/Sanitizing BETWEEN Each Class and End of Day:

- We will have staff members thoroughly cleaning the studios, entrances, doorways, any handheld props, any area touched by dancers, restrooms and any common areas dancers use. All employees are trained on the proper protocols for cleaning. At the end of each day, all floors, walls, restrooms and other high-touch surfaces will be thoroughly sanitized in addition to daily sanitizing standards.

### Spot Cleaning as Needed:

- Staff members have access to cleaning supplies, disinfectant and hand sanitizer and have been instructed to clean any areas needed during class, should it be necessary.

# COVID-19 Info

## Handheld Props:

- The use of handheld props will be limited, however, should we choose to use them, they will be thoroughly cleaned and sanitized after each use.

## Hand Washing Requirements:

- Anyone who uses the restroom facility will be required to thoroughly wash hands with soap upon exiting the restroom.
- All staff members have been trained on proper hand hygiene and will be required to use hand sanitizer or wash hands with soap after each group leaves the area they are stationed.

## Temperature Check and Hand Sanitizer Upon Entry:

- Upon entry to each designated area within DU, we will take the dancer's temperature and will provide and require hand sanitizer on each dancer's hands. You are welcome to use your own sanitizer if you prefer.

## Masks:

- All faculty/teachers will be wearing masks while teaching. If they are demonstrating or talking with dancers a minimum of 6–8 feet away, they may remove their masks to do so. We strongly encourage dancers to wear masks while entering/exiting the studio, when unable to socially distance and when transitioning from one studio to another, but will not be required to wear a mask while dancing.

## Water:

- If your dancer needs water during class time, we recommend bringing your own water bottle or purchasing one from the vending machine. We do not have water fountains.

## Limited Items in the Studio:

- Dancers will be limited to one average-sized dance bag or backpack and must keep them in the designated area for each studio.

## Social Distancing Guidelines

- While waiting to enter the studio, please be respectful of others' space and keep 6 feet apart.
- Please see the diagram on page 4 for each studio's specific entrance/exit door.
- Upon entry, floors will have "Wait Here" indicators to help dancers maintain distance while waiting to enter class.

# COVID-19 Info

- Dance floors have been taped off to allow six feet of space between dancers.
- If your dancer has a break that is short enough to allow them to stay in the studio, they will need to take their break on a "Break Here" sticker.
- For everyone's safety, we require touchless greetings, interactions and goodbyes.
- Parents: We ask that you share the responsibility of communicating appropriate boundaries with your dancer. We know this is a challenge but so important for everyone's safety.



# Misc. Info

## Tuition:

When you enrolled, you paid your one-time registration fee, a costume deposit for all performing classes and your September tuition. Moving forward, tuition will be auto drafted from your account on the 20th of each month starting September 2020 – April 2021. For more information on this, you can access our [website](#).

## Schedule:

We generally follow the West Ada School District's calendar for any weather or holiday closures in addition to Winter & Spring Breaks.

## Social Media:

We LOVE Social Media! Follow us on Instagram and Facebook to catch all of the fun and exciting things happening at DU. We'd also love to see your pictures! Please tag us and use #duseason37 to share your photos with us!

## DU Boutique:

If you need to purchase any dance gear, our DU Boutique will be open for shopping the week of September 8th–10th. You can purchase shoes, tights, bags, tutus, leotards, DU gear and more!

Monday – 4pm–8:30pm

Tuesday 9:15am–1:30pm, 4pm–8:30pm

Wednesday – 12:30pm–2:45pm, 4pm–8:30pm

Thursday – 4pm–8:30pm

\*Our online store is always available for your convenience and is a quick and easy way to pick up the necessities you need.

## Thank You!

Thank you for choosing to dance at Dance Unlimited this season! Although it is a season like no other...we are choosing a positive perspective and will do all we can do provide a fun and rewarding season of dance for all!

