



COVID-19 Policies & Procedures

The safety and health of Dance Unlimited dancers and staff is a top priority. Therefore, we will implement the following policies and procedures in response to the COVID-19 pandemic until further notice. Please ensure all guidance is reviewed prior to entering our facility and COVID-19 acknowledgement form is signed prior to engaging in team activities. Adherence to these new procedures is critical for the health and wellness of our business, dancers and staff.

General Policies:

- Staff or dancers who answer yes to any of the following health questions shall not enter facility.
 - Do you have a cough, shortness of breath or sore throat?
 - Have you had a fever (100.4F or above) in the last 48 hours?
 - Have you had loss of taste or smell?
 - Have you had vomiting or diarrhea in the last 24 hours?
 - Have you been in close contact with a confirmed case of COVID-19?
 - Do you have anyone you have been in close contact with currently under quarantine?
- Staff and athletes must be responsible for their own health and monitoring symptoms prior to entering the facility. This may include daily temperature checks at home. We will have a touchless thermometer on hand for screening if necessary.
- We recommend those who are immunocompromised or in the high-risk population (age 65+) stay home.
- Staff and dancers MUST stay home if feeling ill, report any symptoms of illness to Tamra Nefzger and Christina Shell.
- Detailed attendance records will be maintained in the event contact tracing is needed for possible exposures.
- Staff or dancers with any reported exposure to COVID-19 must self-quarantine for 14 days and follow all protocol as required by the Central District Health Department.

- Frequent handwashing and hand sanitation is crucial to stop the spread of COVID-19, therefore we will require handwashing breaks and provide hand sanitizer throughout the facility. Please also note, Dancer IN and OUT procedures as referenced below.
- Teachers and staff are required to wear masks during class. Dancers will not be required to wear masks but can if they so desire.
- Staff and Dancers should maintain a 6 ft distance from others when possible.
- Staff will be allowed to spot during acro if needed, if they are wearing a mask.
- Sanitation standard operation procedures have been developed and will be implemented to ensure the facility is maintained to prevent the spread of COVID-19 on surfaces.

Dancer IN and OUT procedure:

- As noted, any dancer who answers yes to any of the above stated health questions shall stay home and notify the Directors or your teacher immediately.
- Dancers shall enter through Dance Unlimited Main Entrance door only. If you class is in studio 5, you will enter and exit through that studio's main entrance.
- Parents and visitors are not allowed to enter facility with exception of walking a younger child to the door.
- Once inside, dancers shall proceed directly to the hand sanitizing station and sanitize.
- One bag per dancer is permitted and must always be stored in cubby.
- Dancers should bring a pre-filled water bottle.
- Dancers shall not share food, beverages, makeup or similar items which may contribute to virus spread.
- Handwashing breaks and/or hand sanitizer will be provided as needed.
- Equipment and high touch surfaces will be cleaned and sanitized between classes and at a minimum of every 4 hours.
- Parents must pick up dancers at their designated exit at the end of class/practice. Please be on time as we want to prevent congregating in or near the facility.